

Fairfax Softball Tryouts

Name: _____ Grade: _____ Position: _____

Scale:

- 1- Poor
- 2- Needs Improvement
- 3- Above Average
- 4- Excellent

Throwing and Catching:

_____ Mechanics (Opposite shoulder pointed to target; step with opposite foot; ball facing back; follow through)

_____ Accuracy

_____ Arm Strength

_____ Catching (Two hands; glove position)

_____ Ball Transition (From catch to throw)

_____ /20

Baserunning:

Home to 1st: _____

Home to Home: _____

Groundballs:

_____ Mechanics (Two hands; staying low)

_____ Transition into throw

_____ /10 fielded

_____ /18

Flyballs:

_____ Mechanics (Body position; communication; 2 hands)

_____ Transition into throw

_____/10 fielded

_____/18

Bunting:

_____ Bat angle and hand position

_____/10 bunted successfully

_____/14

Hitting:

_____ Overall mechanics

_____ Solid contact and ball position

_____/10 successfully contact

_____/18

Other:

_____ Hustle

_____ Coach-ability

_____ Attitude

_____/12

Total: _____/100

Additional Comments:
